

MAFC Fall Pool Schedule - Effective September 2, 2025

Please note that this schedule is subject to change. We will do our best to make you aware of changes promptly.

Mondays & Wednesdays	
Lap Pool	6 a.m. - 8:30 p.m.
Program Pool	2:30 p.m. - 7 p.m.

Tuesdays, Thursdays & Fridays	
Lap Pool	6 a.m. - 1:30 p.m. 2:30 p.m. - 8:30 p.m.
Program Pool	9 a.m. - 1:30 p.m. 2:30 p.m. - 8:30 p.m.
Spray Ground	2:30 p.m. - 4 p.m.

Saturdays & Sundays	
Lap Pool	9 a.m. - 4:30 p.m.
Open Rec Swim Program Pool Spray Ground My Parks & Rec	11:30 a.m. - 1 p.m. 1:15 p.m. - 2:45 p.m. 3 p.m. - 4:30 p.m.
Open Rec Swim Lap Lanes 1 & 2 Program Pool Spray Ground My Parks & Rec	1:15 p.m. - 2:45 p.m. 3 p.m. - 4:30 p.m.

Aquatics Group Fitness Class Schedule	
Monday & Wednesday My Parks & Rec	8:30 a.m. - 9:20 a.m. 7:30 p.m. - 8:20 p.m. Lap Lanes 1 & 2
Tuesday & Thursday My Parks & Rec	8:30 a.m. - 9:20 a.m. 11:05 a.m. - 11:55 a.m. Lap Lanes 1, 2, & 3
Friday My Parks & Rec	8:30 a.m. - 9:20 a.m. Lap Lanes 1 & 2

Pool is closed from 1:30-2:30 p.m. on Tuesdays, Thursdays, and Fridays for a cleaning.

Aquatics Areas

Lap Pool – Comprised of six, 25-yard lanes that reach eight feet in depth; water temperature is 81-82°F.

Spray Ground – Zero-depth entry, shallow play pool with spray ground feature.

Program Pool – Three and a half feet deep pool; water temperature is 84-85°F.

Pool Activities Defined

Lap Swimming – The lap pool is a six-lane, 25-yard pool and is used by swimmers 12 years and above who can swim laps continuously, or adults walking or doing water exercises. Individuals wanting to utilize the lap lanes should be comfortable in deep water without the help of flotation devices and may be asked to demonstrate their ability to lap swim by swimming 300 yds. continuously, demonstrating breath control and rhythmic breathing. ***LAP LANE SPACE WILL BE LIMITED DUE TO PROGRAMMING.***

- Lap lanes are first-come, first-served.
- Lane sharing is required (max 2 people per lane). Please note that you may also have to wait to enter a lane based on availability.
- Please be courteous to others waiting and limit your swim to a maximum of 90 minutes.

Open Rec Swim – Pool time for families, children, water walkers, and anyone else looking to enjoy our pool!

- Available first come, first served, Monday to Friday. No reservation required.
- Must be reserved on our My Parks & Rec app for weekend timeslots.
- The Program Pool and Spray Ground are available for open rec swim and lap lanes 1 & 2 as scheduled.

Water Aerobics Classes – Water aerobics and other aqua fitness classes are intended for those ages 15 and older.

- Must be reserved on the My Parks & Rec app.

Adult Water Exercise and Developing Swimmers – The Program Pool and lap lane 1 should be utilized by adults looking to practice self-guided water exercise as well as those learning to swim who are not yet comfortable in deep water or are unable to continuously swim laps.

Other Things to Note:

- Please note that this schedule is subject to change.
- Each punch pass or daily visit allows access to only ONE pool time block. If you wish to return later the same day, you must use an additional punch or purchase another daily visit.

Additional Pool Rules

- An adult 18 years or older shall be at arm's length in the water with children under 48" tall at all times. Only two children under 48" are permitted per adult in the pool area.
- Patrons 11 and under must be accompanied in the facility by an adult 18 years or older.
- Inflatable flotation devices are prohibited. Other flotation devices must be Coast Guard Approved.
- Young children must wear plastic or rubber pants with elastic leg bands or swim diapers. For further safety, regular bathroom breaks are highly recommended.
- Lifeguards reserve the right to swim test anyone prior to allowing them to swim in deep water. Only staff and approved contractors are allowed to coach or give instruction.
- Blocking or restriction of guard's view is prohibited.